

Yang Yulai's speech for the conference "Fear and Courage"

I am Yang Yulai. My father is from Lithuania and my mother is from China. I live in Jurong City, China, where there are many mountains. I enjoy stargazing at night. At school, I study math, other sciences, and computer science.

My father told me that fear is just a certain vibration. Often, people are afraid of imagined things, which stops them from taking action. Sometimes, people hear a sound in the grass and imagine that it was a snake.

In primary school, my teacher told a story from the ancient times called "Bei Gong She Ying" (杯弓蛇影), which means "cup, bow, snake, shadow." In that story, a person named Leguang invited a friend to his home for tea. His friend noticed a snake in the tea cup but drank the whole tea to be polite. Afterward, the friend became very sick. Later, Leguang visited his sick friend and learned about the snake in the cup. Leguang remembered his bow hanging on the wall and invited his friend again, pouring another cup of tea in the same place. The snake appeared again, but Leguang took the bow away, and the snake disappeared. After that, his friend quickly recovered.

In conclusion, we can see that if we find the source of fear, the fear disappears.